

TALKING WITH YOUR DOCTOR ABOUT FREQUENT UTIS

Repeat UTI symptoms are frustrating and painful. Take back control and be empowered during your next healthcare visit.



Log Past UTIs

Write down the dates of any recent UTIs. If you can't remember that's fine! If you have seen multiple providers it will be important to share this information too..



Note Symptoms

Write down all of your symptoms. List your present symptoms as well as past symptoms so your health care provider can accurately assess you.



List Medications

Make a list of any medications or supplements you already take, including any antibiotics you have taken for past UTIs.



Consider Lifestyle

Are you under stress? Dealing with major life changes? Make a note of what's happening, since these factors can increase UTI risks.



Do Your Test Research

Before receiving treatment, was a test performed?
Investigate the tests that have been used to diagnose your UTIs.
What are the organisms responsible for infection?
Dipstick testing is not recommended for women with repeat UTIs.

The modern approach to UTI testing

The MyUTI test using advanced molecular technology that is CLIA-approved & trusted by urologists. Identifying the top pathogen responsible for UTI symptoms.



myuti.com

About Frequent UTIs



One in 5 women will have a recurrent UTI in her lifetime.



On Average, it takes 6 years for a chronic UTI patient to be correctly diagnosed.

"For the 1.3 million women entering menopause each year, the emergence of frequent bladder infections is an unwelcome rite of passage."

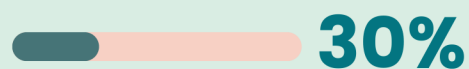
- Dr. K. Lauren de Winter

Changes in midlife may make women more susceptible to UTIs. Lower levels of estrogen after menopause are a key factor. This may include thinning of vaginal tissue, pelvic organ prolapse, incontinence and trouble completely emptying the bladder.

80% of recurrent UTIs are caused by the same organisms entering the urinary tract over and over again.



30% UTIs are caused by multiple bacteria, which if undetected, can lead to the wrong antibiotic treatment.



Get to the root cause of your UTI.
Accurate and reliable answers delivered right to your doorstep.

To Order A MyUTI Test: myuti.com

